

Definitions starting with A: acara (2)

/akára/ (Adelaide); acara-cara /akàrakará/ (Inagua) [cf. use of okra in [ACARA](#)¹(Williams 1976:49 quot.) and also Krio akarakuru (from Yoruba 'cake eaten by warriors on war expeditions') food made of fried beans, rice, and banana mixture" KED; cf. Yoruba akara-kuru preserved food used in earlier (war) expeditions consisting of parched beans and a sort of hard bread made of beans and corn (maize) flour (Johnson 1921:132)] n. a mucilaginous vegetable (sp?) resembling okra; it grows as a vine and its flowers are used to make soup.

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